Cheyenne & Arapaho TRIBAL TRIBUNE

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Photos by Rosemary Stephens

The new Cheyenne and Arapaho Youth Council officers are from l-r: Alaney Karty, female co-president, Travis Ruiz, male co-president, Kevin Naranjo, vice-president, Michah Whitecloud, secretary, Josh Bushyhead, treasurer, Rachal Littlebird, female national representative and Sage Lamebull, male national representative.

New Cheyenne and Arapaho youth council officers elected

By Rosemary Stephens, Editor-in-Chief

March 20, 2012 signifies the first day of spring, which coincided with the election of new Cheyenne and Arapaho youth council officers at the Frisco Center in Clinton, Okla.

Every year the Cheyenne and Arapaho tribes' R.E.Sp.E.C.T. Program hosts a youth forum for students in the seventh through 12th grades and holds elections for new officers during the forum. The students attend a full day of activities, guest speakers, panel discussions and ends the evening with a dance.

This year's events included language classes, suicide prevention classes and guest speakers Chance Rush and Coach Elwood Pipestem-Ott.

"I really learned a lot in the suicide prevention discussions, like the types of signs to watch for if a person is thinking of suicide and to watch for mood changes," Mary Elledge, seventh grader said.

Rush spoke with students about different types of bullying and how to handle difficult situations revolving around bullying.

Pipestem-Ott, a graduate of Haskell Nations University, was the main guest speaker. He shared with the students during dinner and interacted with each of them one-on-one.

"I want all of you to imagine yourselves walking into a building and there are a whole lot of locked doors and along comes somebody that hands you a key … and they tell you I don't know which door this opens, but it will open one of them for you. So after you try several doors, you finally find the one the key will unlock and education is that key for you that will unlock the doors," Pipestem-Ott said. "I always had a lot of ambition and that ambition got me to a lot of doors, but I didn't have the education to unlock those doors until I went to college and obtained that education that unlocked those doors for me. Each of you can accomplish anything you want in life … with that key."

Candidates, nominated by their peers, gave a short speech about their qualifications and why they should be elected to serve on the youth council board.

Following their speeches each student filled out a ballot and voted for their candidate.

The new 2012-2013 youth council officers elected were Male National Representative, Sage Lamebull, Female National Representative, Rachal Littlebird, Treasurer, Josh Bushyhead, Secretary, Michah Whitecloud, Vice-President, Kevin Naranjo, Male Co-President, Travis Ruiz, and Female Co-President, Alaney Karty.

Guest speaker, Elwood Pipestem-Ott.

Following dinner, Emcee One hosted a dance.

For more information about the R.E.Sp.E.C.T. Program or the Cheyenne and Arapaho Youth Council, call (405) 422-7570.

Grand opening held for expanded El Reno Indian Health Service unit

By Rebecka Lyman, Reporter

On March 14, 2012, El Reno Indian Health Service (IHS) service unit in El Reno, Okla. held a grand opening event for its newest facility additions, beginning with a traditional prayer and dedication by Cheyenne and Arapaho Peace Chief, Gordon Yellowman.

Dr. John Farris, chief medical officer for the Oklahoma area IHS offices welcomed the guests and commended the El Reno Indian Clinic in his opening remarks.

"Hello and greetings to all of you on this very exciting and happy occasion. One of the most rewarding parts of my job is to be present for nearly all of the dedications and opening ceremonies for new and renovated (IHS) and tribal health facilities. New hospitals and clinics help us in our quest to provide the very best health care for American Indian people," Farris, said. "I firmly believe that each new facility moves us closer to our shared mission of raising the physical, mental, social and spiritual health of American Indians to the highest level."

Captain Travis Watts, El Reno IHS, facility director spoke to the crowd about the history of the new renovation.

"I know first hand how badly needed the expansion and renovation of the El Reno Clinic was for your community. Today it is a great pleasure to have this grand opening of this beautiful expansion of the clinic that will speed and enhance your medical care in many ways," Capt. Watts said. "The old waiting area was small and dark, so one of the biggest needs that we felt for those visiting the facility was that when they first walked in the doors that their would be a larg-

*See **Indian clinic**, page 6*

Photos by Rebecka Lyman

A few of the El Reno Indian Health Service staff members greet guests. From l-r: Dr. James Coffey, OD, Optometrist, Christopher Renshaw, MD, Dolly Garcia, MD, Peggy Immohotichey, nurse supervisor and Dr. Imelda Buendia, MD.

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Check out the Tribune Photo Gallery at www.c-a-tribes.org/tribal-news

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Cheyenne and Arapaho tribes and PLDI team up to bring technology to western Oklahoma

Kingfisher, Okla.- Pioneer Long Distance, Inc. (PLDI) headquartered in Kingfisher, Okla. recently held drawings(s) with the Cheyenne and Arapaho tribes and Western Plains Library System (WPLS), as part of the Technical Assistance Grant (TAG) that Pioneer Long Distance was awarded in September 2010.

Pioneer Long Distance received $195,000 under the United States Department of Agriculture (USDA) Initiative Program (BIP), Technical Assistance Grants. The purpose of the grant is to facilitate local entrepreneurship and expansion of market opportunities for small businesses throughout western Oklahoma and seek to improve education and health care services through the use of broadband services.

Pioneer Long Distance in conjunction with the Cheyenne and Arapaho tribes and WPLS, worked together to produce and distribute a survey to members of both organizations to help determine why people do not have internet service and how service could be provided to them.

To encourage participation in the survey process, a drawing for Cheyenne and Arapaho tribes was held on Friday, March 9, 2012 for four $50 gift cards and one grand prize of an Amazon Kindle Fire. Rachel Lynn of Clinton, Okla. won the grand prize of the Kindle Fire. The four winners of the $50 Wal-Mart cards were George Bryan Sykes, El Reno Okla., Amos Two Babies, El Reno, Okla., Andrea Patton, Kingfisher, Okla., and Sofia Sandoval, Geary, Okla. Susie Wolfmule, Seiling, won the 42 inch flat screen television.

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Courtesy photo

Pictured l-r: Toni Pickle, Division Manager of Rural Education, Pioneer Telephone Cooperative, Lynn Merrill, President of Monte R. Lee & Company, Gina Gordon, Grant Specialist, Monte R. Lee & Company, Teresa Dorsett, Executive Director of Education for Cheyenne and Arapaho Tribes and Cindy Gore, Public Relations Specialist, Pioneer Telephone Cooperative.

Photo by Rosemary Stephens

Survey award winners were presented with their prizes during a luncheon on March 28, 2012. Pictured l-r: Amos Two Babies, Andrea Patton, Gina Gordon, Cindy Gore, Bryan Sykes and Teresa Dorsett. Winners not pictured are Rachel Lynn and Susie Wolfmule.

A drawing for WPLS was held on Thursday, March 15, 2012 for two color Barnes and Noble Nook e-readers.

"We at PLDI are pleased to participate with the C&A tribes and the WPLS on this Rural Utility Services TAG grant program," said Jeff Martin, Vice President of Sales and Services. "The information we received from the rural residents survey forms is very valuable in determining areas needing broadband service and will help PLDI take the next steps to determine how service can be economically provided."

Pioneer Telephone Cooperative, Inc., an industry leader in rural telecommunications services, is a multi-service telecommunications corporation providing communications products and services to more than 140,000 customers/members in 76 communities encompassing 30 Oklahoma counties in Western Oklahoma and 14 counties in Southern Kansas. Pioneer provides an array of telecommunications products and services, including Local Telephone Service, Digital TV, Cellular, High-Speed Internet, Long Distance, Security Systems, Business Solutions and Yellow Pages Advertisement. For more information contact Cindy Gore, Public Relations Specialist at (888) 782-2667.

Native American owned film company debuts new film in Oklahoma City

By Rosemary Stephens, Editor-in-Chief

Photos by Rosemary Stephens

Mark Williams anxiously awaits the start of his new film, The Unrest.

OKLHOMA CITY, Okla.-Native Boy Productions released its latest film, *The Unrest*, at an opening premiere March 24, 2012 at the Choctaw Tribal Alliance building in Oklahoma City.

The Unrest is a movie that was inspired by true events.

In 1966, Native American children who attended the Stone Creek Indian Boarding School mysteriously disappeared and were never found. After many years, the disappearances of these Native American children are a distant memory to the all white town that housed the old boarding school. Until 2010 when a young white girl named Madison Gray and her mother moved into town. Soon Madison begins to have nightmares and sees dead Native American children walking around her home. After asking a few too many questions she soon discovers the ghosts may not be the only things she needs to be frightened from.

The film, starring Rebecka Lyman, Latasha Hartley, David Hanson, Debbie Tucker and Jeff Anderson this movie will make you question what really happened at many Native American boarding schools.

Mark D. Williams founded Native Boy Productions in 2005. He is an Oklahoma/Mississippi Choctaw who also writes and produces all of his own films.

Williams was born in 1977 and grew up on the Standing Pine Reservation in Mississippi before moving to Oklahoma, along with his mother, father, two brothers and two sisters, to the small town of Bennington, Okla.

Growing up he was active in sports, mainly basketball but loved to write and come up with creative projects for his classmates, friends and family. Williams graduated from Bennington High School in 1995 in the top ten of his class, where he then moved to Decatur, Miss. to attend East Central Community College, played for the basketball team and wanted to be closer to his Mississippi Choctaw family.

The following year he returned to Oklahoma to attend Bacone College in Muskogee, Okla. and then to Northern Oklahoma College where he received his business degree in 1997. From there attended the University of Central Oklahoma where he pursued his finance degree. This led him to working in the banking industry for a few years, but Williams said something was still missing.

After conversations with friends he realized his true calling, and returned to his first childhood love, writing and story telling. In the next few years that led to his first short film titled *A Treasure for Two* in 2005, a comedy starring his nephew and niece. From that point he began to write, produce and direct movies every chance he could in an attempt to teach himself the art of filmmaking.

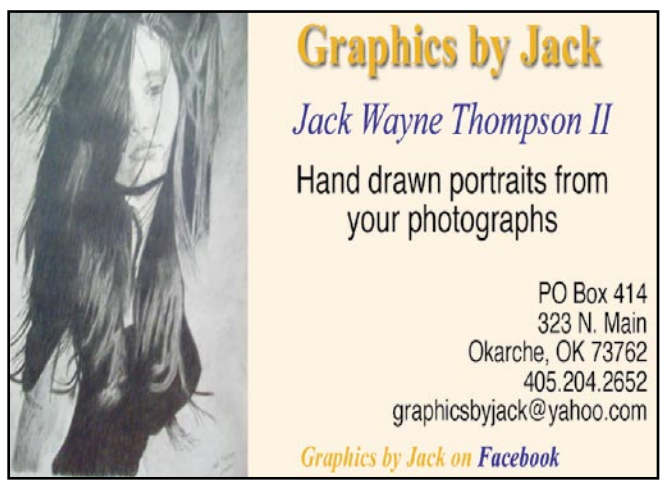
William currently has a 'handful of films', various movie trailers, event videos and feature screenplays.

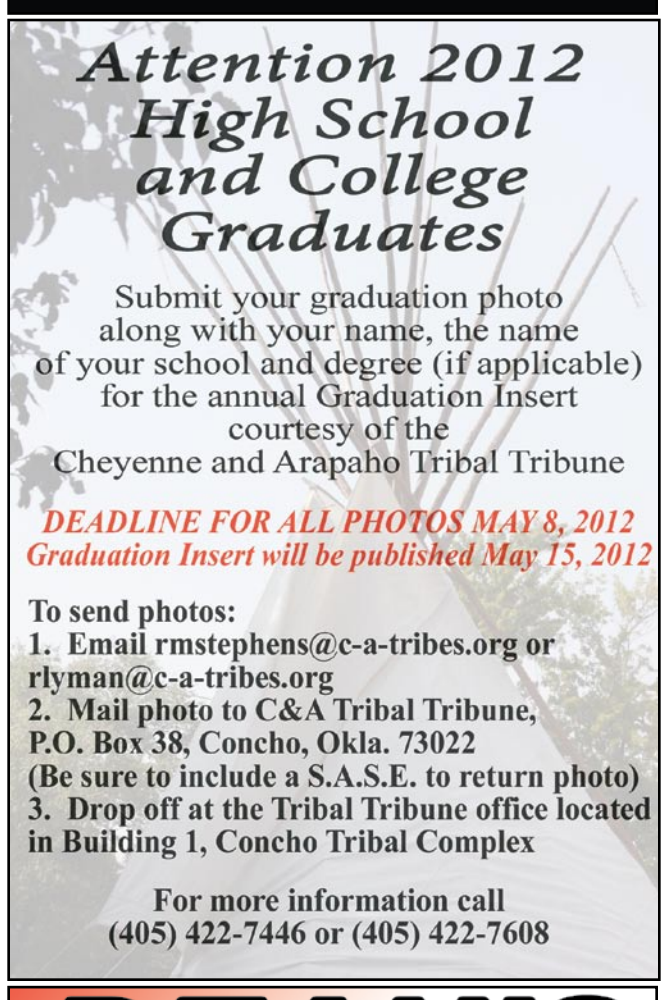
Williams has always been a fan of the horror and suspense films, which led him to write and direct *The Dare*(2005), *The Disturbed* (2006), *The School Children* (2008), *Her Last Text: The Hailey Rose Story* (2009) and now his latest thriller, *The Unrest*.

Williams resides in Oklahoma City with a stronger passion and a clearer vision of what he wants to do with his life, which is to make his Native people proud by being the best visual storyteller he can be.

To order any of William's film visit www.nativeboyproductions.com.

Two of the actresses, Rebecka Lyman and Latasha Hartley, arrive for the premiere.

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Blood drive set for April 18

By Rosemary Stephens, Editor-in-Chief

When Jennifer Ochoa was born Aug. 18, 1996, she was a healthy happy little girl … as she was in the many years following her birth.

Until in September 2009, at the age of 13, Jennifer became ill, with what appeared to be flu-like symptoms.

"We went to the Indian clinic because she had diarrhea, vomiting … you know like the flu, it was really weird because she never really got sick before and they gave us some medicine and we went home. Two weeks passed and she was just getting worse and was turning yellow, so I took her to the OU Children's Hospital emergency room," Trish Ochoa, Jennifer's mother said. "They conducted a lot of tests, did a lot of blood work and after three or four weeks we found out that Jennifer had a rare incurable disease called microscopic polyangitis. Little is known about it … it is a vascular disease, and it has affected her kidneys."

Jennifer, now 15 years old, needs a kidney transplant and has dialysis three times a week. She has also undergone several surgeries.

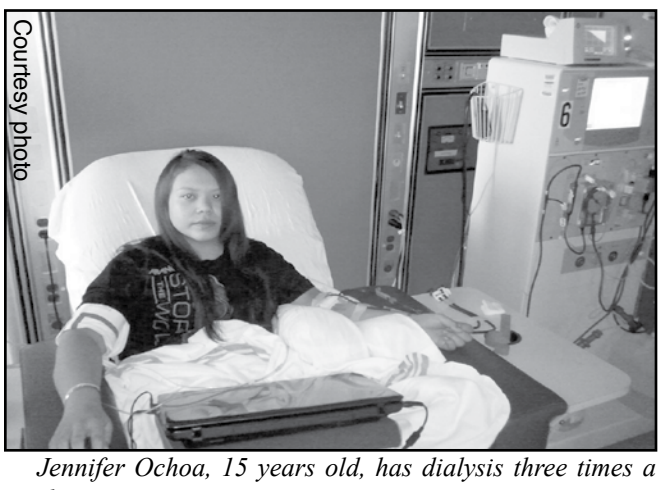
"It has affected everything in our lives, but she is doing a lot better than I am. She is the one that tells me 'everything is going to be okay'. She is really upbeat most of the time," Trisha said.

In January 2012 Jennifer was added to the kidney transplant list at the Oklahoma Transplant facility in Oklahoma City.

"Her family and her friends, mainly her uncle, Cheyenne Chief Rayford Gray, have set up a blood drive for Jennifer to deposit in the blood bank for her kidney transplant," Trisha said.

Trisha said that Jennifer's blood type is O+.

"I want to thank all my family, friends and my uncle Rayford Gray for sponsoring this blood drive for me," Jennifer said. "I would really like to tell kids who are really sick, like myself, not to be afraid … to have faith that everything will turn out and it will."


Courtesy photo

Jennifer Ochoa, 15 years old, has dialysis three times a week.

Courtesy photo

Jennifer Ochoa with one of her nurses, Anne Beck at OU Children's Hospital.

Jennifer is the daughter of Trisha and Juan Ochoa and has three brothers, Tristan and Trini White Buffalo and Juan Ochoa. She is the granddaughter of Mary Ann Gray and the late Joseph White Buffalo and the great granddaughter of Evelyn White Crane.

Jennifer wants to be an artist when she grows up, loves to draw and play the violin. She collects angels and turtles and enjoys playing video games.

The blood drive for Jennifer will be from 12 p.m. – 4 p.m., April 18, 2012 at the Concho Community Center in Concho, Okla.

For more information contact Trisha at (580) 922-0302.

Suicide and substance abuse prevention, community meeting topics

CONCHO, Okla.-Due to recent tragedies in families of the Cheyenne and Arapaho tribes, Gov. Janice Boswell, and a group of concerned community members, tribal and non-tribal, have come together to address issues on suicide.

Many tribal members, young and old, have been affected by these tragedies.

The Suicide Prevention Coalition was formed to reach out into the communities to present warning signs, and provide information on suicide. Gov. Boswell and the newly formed group of tribal employees and concerned citizens want to share stories and help the healing process or in hopes of preventing suicide.

A series of community meetings were held March 26-29, 2012 in Hammon, Woodward, Elk City, Seiling, Clinton, Canton, Weatherford and Watonga, Okla.

Future meetings to raise awareness of suicide issues that communities have been faced with are scheduled for April 2, Thomas School and Geary Community Center, April 3 at Snider's in Kingfisher, Okla. and Concho Community Center and April 5 at the Church of the Nazarene in Oklahoma City.

Everyone is invited, who have been touched by suicide or who are interested in this issue, to attend future community meetings.

The suicide prevention meetings are scheduled from 5:30 p.m. - 7:30 p.m. and a meal will be provided.

Native American artist to head up tribes' elder care program

Submitted article

The Cheyenne and Arapaho tribes' Elder Care Program would like to welcome Norman "Frank" Sheridan Sr. to the Elder Care Program.

Sheridan will be the new director for the elder care program and "is an asset to our program and has many wonderful new ideas that we are looking forward to implementing."

Sheridan is a well-known artist who began as an artist 35 years ago when he took some mismatched, multi-colored beads to his mother and asked her to teach him how to bead. He has continued that practice through today.

For 29 years Sheridan has worked in the federal service and was employed with Indian Health Services (HIS) as a community intervention specialist. He used his artistic gift within his professional work to help people heal. Like all health caregivers, he has a compassion for people and is willing to share.

''I share whatever a person needs from me. I let them take as much as they need. I try to be there for them ... I try to take them to a place of healing,'' Sheridan said.

Sheridan has received commissions from the Southwest Native American Conference, The National Cowboy Hall of Fame, the University of Oklahoma Press and others.

Sheridan is a distinguished scholar, having earned his BA, MAT, and MBA, and has lectured for the Association of American Indian Physicians on "Spiritually Based Alternative Therapies." He spoke of his tribe and why they do the things they do. He shared his views on the importance of tradition to the tribe.

Sheridan was also awarded the coveted First People's Fund Award in 2005, among many others in a variety of fields and interests.

The Cheyenne and Arapaho Elder Care program staff welcomes Frank Sheridan.

Courtesy photo

Frank Sheridan Sr., new Cheyenne and Arapaho tribes'elder care director.

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Cheyenne and Arapaho Tribal Tribune
P. O. Box 38, Concho, OK 73022 Fax: (405) 262-6051

Rebecka Lyman, Advertising Sales/Reporter
(405) 422-7608 rlyman@c-a-tribes.org

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A bald eagle

(AP) CHEYENNE, Wyo. - The U.S. Fish and Wildlife Service has taken the unusual step of issuing a permit allowing an American Indian tribe to kill two bald eagles for religious purposes. The agency's decision comes after the Northern Arapaho Tribe in Wyoming filed a federal lawsuit last year contending the refusal to issue such permits violates tribal members' religious freedom. Although thousands of American Indians apply for eagle feathers and carcasses from a federal repository, permits allowing the killing of bald eagles are exceedingly rare, according to both tribal and legal experts on the matter.

"I've not heard of a take permit for a bald eagle," Steve Moore, lawyer with the Native American Rights Fund, or NARF, in Boulder, Colo., said. "I see it and NARF would see it as a legitimate expression of sovereignty by the tribe, and respect for that sovereignty by the Fish and Wildlife Service."

Federal law prohibits the killing of bald eagles, the national bird, in almost all cases. The government keeps eagle feathers and body parts in a federal repository and tribal members can apply for them for use in religious ceremonies.

The bald eagle was removed from the federal list of threatened species in 2007, following its reclassification in 1995 from endangered to threatened. However, the species has remained protected under the federal Bald and Golden Eagle Protection Act. The Fish and Wildlife Service in 2009 stated in a report that it had never issued a permit for the killing of bald eagles to that time. The report states the government had issued permits for the Hopi Tribe in Arizona to take golden eagles since the mid-1980s.

Diane Katzenberger, spokeswoman for the Fish and Wildlife Service in Denver, said no one in the agency was available who could say immediately whether a permit allowing the killing of a live bald eagle had been issued since 2009.

It's been nearly three years since the Arapaho tribe filed an application for a permit to kill eagles, said Andy Baldwin, lawyer for the tribe, adding that he believed the Northern Arapaho would not have received the permit without going to court. He revealed in a legal filing this week that the federal agency had issued the permit. Federal lawyers filed a status report in the lawsuit following the release of the permit saying that the Eastern Shoshone Tribe had opposed the killing of eagles on the Wind River Indian Reservation, which the two tribes share in central Wyoming. The report states that the federal permit will allow the Northern Arapaho to kill up to two bald eagles off the reservation.

An attempt to reach Jim Shakespeare, a plaintiff in the lawsuit and chairman of the Northern Arapaho Business Council, for comment was unsuccessful. It was unclear whether issuing the permit will prompt the tribe to drop its lawsuit. A federal judge has scheduled a conference in the lawsuit for mid-April.

Filed late last year, the lawsuit is essentially the continuation of a bitter legal fight that followed after tribal member Winslow Friday killed a bald eagle without a permit in 2005 for use in his tribe's Sun Dance.

Friday shot the eagle on the Wind River Indian Reservation. William Downes, then a federal judge in Wyoming, dismissed the charge against Friday in 2006 saying it would have been pointless for him to apply for a permit. Downes said the federal government generally refuses to grant permits to tribal members to kill eagles even though federal regulations say such permits should be available.

"Although the government professes respect and accommodation of the religious practices of Native Americans, its own actions show callous indifference to such practices," Downes wrote. Federal prosecutors appealed Downes' decision and a federal appeals court reinstated the criminal charge

against Friday. After the U.S. Supreme Court ultimately refused to hear his case, Friday pleaded guilty in tribal court and was ordered to pay a fine. Baldwin said the tribe's lawsuit against the Fish and Wildlife Service was directly related to the government's prosecution of Friday.

"One of the goals of the current suit is to prevent any young men like Winslow Friday from being prosecuted in the future for practicing their traditional religious ceremonies," Baldwin said. Senior members of the Northern Arapaho Tribe appeared at an appeals court hearing court in Denver in late 2007 in support of Friday. Nelson P. White Sr., then a member of the Northern Arapaho Business Council, said after the hearing that the birds American Indians receive from a federal depository were rotten, or otherwise unfit for use in religious ceremonies.

"That's unacceptable," White said after the court hearing. "How would a non-Indian feel if they had to get their Bible from a repository?"

NRCS announces poster contest for the 2012 American Indian Heritage Month

Stillwater, OKLA-The Natural Resources Conservation Service (NRCS) recognizes and celebrates the many different cultures to which we have the opportunity to offer our services and programs, including American Indians.

The month of November is designated by NRCS as American Indian Heritage Month. This provides an opportunity to make people aware of the history of American Indians and their contributions to the world.

One way NRCS celebrates on a national level is to sponsor a contest for American Indian artists, with the winning artwork being produced into a poster and distributed nationwide. This year, the South Central Region, which includes Arkansas, Louisiana, Oklahoma and Texas, was selected to compete in the contest. The winning entry will have his/her artwork and heritage recognized nationally.

Below is information for those who may be interested in submitting an entry. One piece of artwork will be selected and used for the 2012 NRCS American Indian Heritage Month poster.

All Tribal residents within the South Central Region are invited to submit their artwork

There is no age limit

Submit one original artwork, size 18"x24" acrylic or oil on canvas, ready for reproduction

The title for the artwork will be, Conservation: Our Pasts, Present, and Futures

The theme for the artwork will be: "Tell me and I'll forget. Show me and I may not remember. Involve me and I'll understand."

A story describing the artwork must accompany the poster

Notification to enter contest must be received by May 25, 2012 by contacting Dr. Carol Crouch at (405) 612-9331 or by email, carol.crouch@k.usda.gov.

Artwork must be received by June 1, 2012 and be submitted to the attention of Tom Lucas, USDA, NRCS State Office, Office of Public Affairs, 100 USDA, Suite 213, Still water, Okla. 74074.

A selection committee will judge the artwork and select a winner no later than June 15, 2012.

NRCS will purchase the artwork from the winning artist for $2,000 and have the right to reproduce and distribute copies of the artwork at its discretion.

For additional information contact Crouch at (405) 612-9331.

Tribal assault on painkiller addiction

240,000? The approximate number of Oklahomans above age 11 who are abusing prescription painkillers for nonmedical reasons in 2009. This identifies Oklahoma as leading the nation in the addiction to painkillers as well as related deaths. It is only fitting that the battle against such addiction in Native America be led by tribal owned clinics, Absentee Shawnee Counseling Services, Keetoowah Cherokee Treatment Services, and many other Indian facilities.

Generally speaking, prescription painkillers are opiates. There are 14 Opioid Treatment Programs in Oklahoma certified by the Federal agency SAMHSA CSAT, including the Veterans Hospital in Oklahoma City. The importance of these OTPs revolves around SAMHSA's findings that the Medication Assisted Treatment is 70-75 percent effective with opiate addiction, while traditional substance abuse treatment is 6-10 percent effective. This 8-9 times more effective treatment can often skip inpatient detox, avoiding the expense, time off from work and away from family, and the waiting list to get admitted.

Remarkable as it is that Native tribes own three of these best practice programs, one of them was selected by the Oklahoma Bureau of Narcotics and Dangerous Drugs to video for their agents and other providers to learn how these programs should be run.

"All three programs were designed and set up in the same fashion, operating in the same manner. You will find the same level of excellence at all three clinics," asserted Joe Jenkins, Clinical Supervisor, Keetoowah Cherokee Treatment Services.

"Tribes lead the assault against this epidemic in Native America," remarks Jenkins, referring to the state of

Oklahoma. "These tribal programs serve both Native and Non-Native adults and accept Medicaid."

"Natives have lead the way in holistic approaches to health and environmental concerns, not as a recent development, but from their ancient ways," noted Dan Cross, Executive Director, Absentee Shawnee Counseling Services. "Whether it be herbal medicine that modern medical science has replicated pharmacologically, or holistic approaches to well-being that our best practices emulate, Native people have preceded modern technology," Cross observed. Now, it seems, Natives are leading the solution for this deadly wave of addiction sweeping over Oklahoma.

Review of plans for Oklahoma casino delayed

BROKEN ARROW, Okla. (AP)

A review of engineering plans for a controversial casino in Broken Arrow will be delayed, partly because questions remain about whether a tribe can legally establish the facility at the proposed location, city officials said.

Contractor FoxCor Inc. has submitted an application for a plan examination and building permit to officials, but action won't be taken because of ``several outstanding factors,'' Broken Arrow City Manager David Wooden said in a news release. Factors include easement issues, as well as questions regarding Kialegee Tribal Town's lease and legal ability to conduct gaming there, he said.

Kialegee Tribal Town broke ground on the proposed Red Clay Casino in December on land allotted to the Muscogee Creek Nation. The Kialegees are a part of the Creek Nation, but are based in Wetumka, miles from Broken Arrow.

A number of residents have opposed the casino, saying it would be located too close to schools and a day care.

Because the property is a Native American allotment, Wooden wrote, approval from the Bureau of Indian Affairs for the proposed easement might be required.

City Director of Communications Stephanie Higgins told the Tulsa World for Saturday's editions that the city is waiting to see the resolution of a federal lawsuit filed by Oklahoma Attorney General Scott Pruitt.

Pruitt has accused the Kialegees of bypassing a requirement to get federal approval and is seeking a preliminary injunction to have the construction stopped. The tribe has maintained that the bureau's approval isn't necessary and wants the complaint dismissed.

On Friday, U.S. District Judge Gregory Frizzell declined Pruitt's request to begin a hearing on the preliminary injunction on April 11, finding it ``untenable and unrealistic.'' He set the date for May 2.

Among other things, the judge said the required amount of time hasn't lapsed for the defendants to file their answers or anticipated motions to dismiss them from the case.

Attorney Joseph Farris, who is representing the tribe in the lawsuit, said he and another attorney have conflicts with the May date and will seek to get the hearing date pushed back.

Pruitt's spokeswoman, Diane Clay, said, ``we would've liked an earlier date, but we can't control the court's docket.''

Recall of Comanche business officials sought

LAWTON, Okla. (AP) _ Some members of the Comanche Nation are circulating petitions to recall six of the seven members of the Comanche Nation Business Committee.

The effort comes after the tribe's funeral home, water park and several other businesses were closed and about 40 tribal employees were laid off.

Petition drive leader Eleanor McDaniel told The Lawton Constitution that the committee members are abusing their power and creating financial hardships with the closings and layoffs.

The tribe's Economic Development Commission posted a statement on the tribe's website saying that the businesses lost nearly $5.4 million from 2006 to 2010 and that 2011 and 2012 are being audited and are under review.

The statement said the funeral home is expected to reopen in April if the Oklahoma Funeral Board approves unspecified changes in operations.

Native Business: the life-giving and crushing power of debt

By Jim Stanley
C&A Tribal Tribune Correspondent

Debt is something owed to another party and most often is accompanied by an interest rate charged to the borrower for the use of money. In business, debt is good when you have a source of repayment. Debt is bad when a clear source of repayment does not exist. Start ups are most often capitalized by savings from the entrepreneur, money from friends and family, or home equity. There is no one-correct way to use money; each borrower has to decide for themselves. This article simply illustrates best practices to remember when thinking about borrowing money.

A business owner should consider using debt when they need dollars to increase the delivery of a product or service to meet demand from existing or new customers. If it is an existing business, often contracts for service or orders for more products are in-hand.

An entrepreneur would borrow money after they have demonstrated at least one or more successful transactions and need money to increase their workforce or purchase equipment to take their business to the next level of operating size. A brand new business without a history of sales usually has a high level of expertise in the respective industry and elects to borrow money when there is a relationship with a customer that guarantees sales at start-up.

An entrepreneur should be cautious about borrowing money when a good idea comes with a large price tag for start up. This often means the individual needs to use some sort of debt borrowed from a third party to spend on things they think they need to get started.

My advice, as a seasoned lender, is to not borrower at start-up if you can help it and instead start as small as possible. Often an entrepreneur will find their sales are slower to make or longer to collect than they initially thought. This requires patient capital; meaning if they used their own money or the money from family that does not need to be paid back until enough profits are generated, they will have more time for their business to mature.

At the beginning, if an entrepreneur borrows money from a third party (like a bank), they are required to make monthly payments which include principal and interest which often lessens the amount of time a business can take to mature. These obligations (monthly payments) must be met on time and in the full amount owed or the borrower may trigger a series of compounding problems such as late fees, an increase to their loan's interest rate or worse- be declared in default where the lender requests immediate payment. These consequences caused by late or non-payment consume cash that otherwise would be retained in the business. A business dies if it runs out of cash.

Jim Stanley is a tribal member of the Quinault Nation, Past-Vice President of the Quinault Nation Enterprise Board, and board member of the Northwest Native American Chamber. He is a senior lender with Craft3, a non-profit loan fund lending to Sovereign Nations and tribal member owned businesses. Jim freely shares his knowledge and can be reached for comment at: jstanley@craft3.org.

Legislative news

Submitted by Ramona Tall Bear
Legislative Clerk

Special Session

The Governor called a Special Legislative Session held on Monday March 26, 2012 with the following items considered:

An Act Authorizing Governor Janice PrairieChief-Boswell to draw down and distribute funds from tribal proceeds of accounts PL 7370700 & PL 7210708 derived from oil & gas, bonus, and farm & grazing revenues annually, beginning as soon as the money BIA released to Leslie Wandrie-Harjo is returned to the tribes, and each December thereafter for the remainder of her four (4) year term

An Act Reauthorizing Unclaimed and Abandoned Per Capita Funds

Lieutenant Governor Removal Resolution 2012

Legislator Removal Resolution 2012

A Resolution Removing Melvin Whitebird from Housing Authority Board of Commissioners

As the newspaper will come out after the Special Session, please see the tribes' website at www.c-a-tribes.org/legislature section, for news about these bills. You may also contact Legislative Clerk, Ramona Tall Bear with any questions at (405) 422-7778 or rtallbear@c-a-tribes.org.

Community Meetings

There will be Legislative Community Meetings leading up to the Easter Holiday.

A3 Patrick Spottedwolf at Clinton Brown Bldg April 7 at 12 p.m.

A4 Winslow Sankey at Hammon Community Hall April 7 at 10 a.m.

C1 Bruce Whiteman at Woodward Boiling Springs Park April 1 at 2 p.m.

Seiling Community Hall April 7 at 3 p.m.

Watonga Multi-Purpose Bldg April 7 at 2 p.m.

Canton Powwow Grounds April 7 at 4 p.m.

Longdale Park April 7 at 4 p.m.

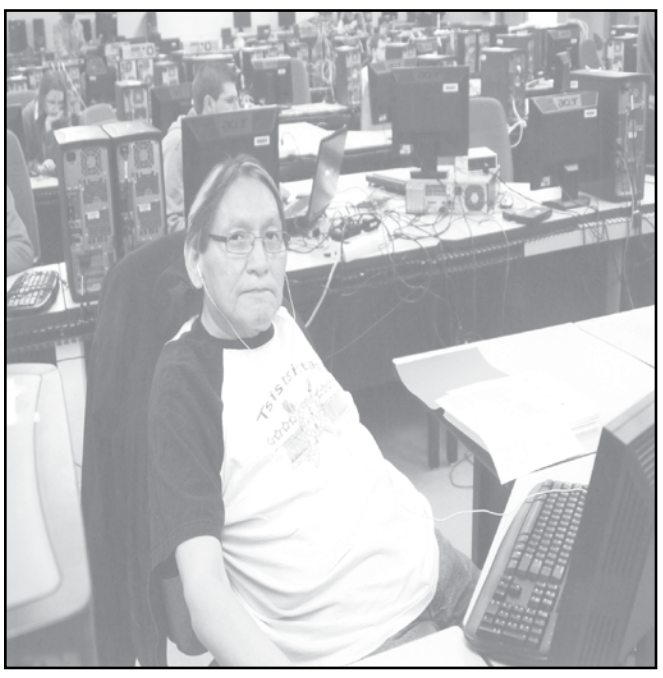
C3 Cheevers Heap of Birds at Clinton Housing Authority April 7 at 1 p.m.

All Legislators at Route 66 Park, 9901 NW 23 Okc, April 6 at 4 p.m.

All Tribal members are invited to come to a community meeting and celebrate this holiday with their legislator.

Email List

The Legislative Clerk is compiling a list of email addresses for any tribal member who wants to be sent Public Notices as they are issued. These Public Notices will be for Public Hearings, New Bills, Agendas, Special Sessions. Remember these items can usually be found on the tribes' website www.c-a-tribes.org and on facebook. Please contact Ramona Tall Bear to be added to this list at (405) 422-7778 or email rtallbear@c-a-tribes.org.



RCC names tribal member President's Honor Roll

Cheyenne and Arapaho tribal member, Lee YellowEyes was notified that he was in the top 5 percent of the Redlands Community College (RCC) student body in El Reno, Okla., making his a part of the President's Honor Roll.

YellowEyes was sent a letter on Jan. 24, 2012 by Dr. Larry F. Devane, RCC president informing him of his academic accomplishments.

YellowEyes has been a trainee under the Cheyenne and Arapaho tribes' Vocational Rehabilitation Program through the education department.

"Disabilities doesn't hinder a person's abilities if a person strives for what they want, like Lee YellowEyes has done," Charles Sleeper, Vocation Rehabilitation counselor said.

To learn more about the Vocational Rehabilitation program and the services provided call (405) 422-7615.

Cheyenne & Arapaho Tribes Head Start Program

The Cheyenne & Arapaho Head Start Program-Concho Center is continuously accepting applications for enrollment for the 2012-2013 school year. The Head Start Program is a comprehensive Child Development Program that is designed to promote high quality services and provide a range of individualized services in the area of Education, Early Childhood, Medical, Dental, Mental Health, Nutrition and Parent Involvement. Head Start Services are responsive and appropriate to each child and family's development, Ethnic, Cultural and Linguistic experience.

Eligibility Requirements:

3 years old to 5 years old-must be 3 years old by September 1, and turn 5 years old after September 1.

For Application to be processed, the following must be attached:

a) Copy of Child's Birth Certificate
b) Copy of Child's Immunization Record
c) Copy of Child's Social Security Card
d) Copy of Child's Health Insurance card
e) Income Verification
f) If the Child has Special Needs. Documentation Attached.
g) CDIB (If Applicable)

Head Start provides transportation to and from the Head Start Center in a 25 mile radius in service area. Includes Concho, El Reno, Kingfisher, Okarche, Geary and Calumet.

Certified Staff, Age Appropriate Curriculum, Certified CDL Bus Drivers, Nutritious Meals-Breakfast and Lunch, Cultural Activities and Field Trips.

The Cheyenne & Arapaho Head Start Program follows Federal Guidelines and local Department of Human Services requirements. The Head Start Program does not discriminate against: Race, Color, Sex, National Origin or Disabilities.

For Enrollment Packet or more information call

Benita Bear, Center Supervisor at (405) 422-7647 or Rachel Snyder, Family Services Coordinator at (405) 422-7645 or (405) 227-2055.

Powwows & Events CALENDAR

Lucky Star Casino presents Willie Nelson & Family in Concert

April 6, 2012 at the Lucky Star Casino Event Center in Concho, Okla. Doors open at 7 p.m. Show starts at 8 p.m. For ticket information visit www.luckystarcasino.org or call (405) 262-7612.

The Cheyenne and Arapaho R.E.Sp.E.C.T. Easter Egg Hunt

Saturday, 11 a.m. April 7, 2012 at the Concho baseball fields in Concho, Okla., and the Clinton Activity Center in Clinton, Okla. For more information call (800) 247-4612 ext. 27570.

Oklahoma Indian Nation Easter Dance

April 7, 2012 at the Concho Community Center in Concho, Okla. Supper at 5 p.m. with dance to follow. Featuring the 2011 OIN Royalty, Alicia Reed, Senior Miss, Sierra Littleman, Junior Miss and AnnMarie Cometsevah, Little Miss.

The Cheyenne and Arapaho tribes and the Association of American Physician's Family Preservation program presents Couples Night Out

6 p.m. - 8 p.m. April 12, 2012 at the Concho Community Center in Concho, Okla. This is a free event for all couples to attend. Dinner and childcare will be provided to those who R.S.V.P. by April 5, 2012. Contact Gloria at familypres@aaip.org to R.S.V.P.

Lucky Star Casino presents Foreigner in Concert

April 13, 2012 at the Lucky Star Casino Event Center in Concho, Okla. Doors open at 7 p.m., show begins at 8 p.m. For ticket information visit www.luckystarcasino.org or call (405) 262-7612.

The first Birthday Dance for Viviana Nicole Littleman

April 14, 2012 at the Concho Community Center in Concho, Okla. Gourd dance at 3 p.m., supper at 5 p.m. Tiny Tot and Fancy Dance contests. Paternal grandparents are Sandra and the late Cheyenne Peace Chief Albert Littleman Sr. Maternal grandparents are Evelyn and the late minister Joe Barron. Grandparents are Albert "Chunk" and Tammy Littleman. For more information call (405) 274-4800.

Healthy Bites Cooking Classes

April 17, 2012 from 12 p.m. - 1 p.m. in the large conference room at the Clinton Indian Health Center and April 20, 2012 from 12 p.m. - 1 p.m. at the Cheyenne and Arapao tribes' Native American Church building. Learn about healthy breakfast ideas at the FREE class. For more information contact Kristie Purdy at (580) 331-3458.

Cheyenne and Arapaho tribes Career Fair

10 a.m. - 3 p.m., April 18, 2012 at the Western Technology Center in Weatherford, Okla. Hosted by the Vocational Rehabililtation program and the Workforce Investment Act program. For more information call (580) 774-0224, ext. 224.

Blood Drive for Jennifer Ochoa

April 18, 2012 from 12 p.m. - 4 p.m. at the Concho Community Center in Concho, Okla. Jennifer Ochoa is in need of a kidney transplant and is in need of blood. Please donate. For more information contact Trisha Ochoa at (580) 922-0302.

Graduation Dance for Aaron Littleman

April 21, 2012 at the Concho Community Building in Concho, Okla. Supper at 5 p.m. Pretty Shawl contest, first, second and third place prizes. For more information call (580) 214-1485.

Arapaho Sun Dance sponsor Gabriel Warren Benefit Dance

May 5, 2012 at the Geary Community Center in Geary, Okla. Supper at 5 p.m. Sponsored by Dale and Bobbi Hamilton family. For more information call (405) 371-4045.

Oklahoma Indian Nation Princess Coronation Dance

Saturday, May 26, 2012 at the Darlington School gym in El Reno, Okla. Supper at 5 p.m. with Gourd dance to follow. Announcing and introducing the 2012 OIN Princess Royalty.

91st Birthday Dance for Myrtle Wood

May 12, 2012 at the Concho Community Center in Concho, Okla. Gourd dance at 2 p.m., supper at 5 p.m. Sponsored by the family of Myrtle Wood. For more information call Joyce Wood at (405) 313-5007.

Department of Health
102 Yellowbear
PO Box 167
Concho, OK 73022

(405) 422-7623 Telephone
(405) 422-8262 Fax
1-800-247-4612 Ext. 27623

Suicide Prevention and Other Issues in Cheyenne & Arapaho Country

Community Meetings

The Governor's Office, in coordination with the C&A Department of Health, has scheduled community meetings to address suicide prevention and substance abuse issues that are affecting our tribal communities.

Dinner: 5:30PM at each site provided by the Executive Office.
Program: 6:00PM to 7:30PM Various presenters on behavioral health topics

April 2, 2012
Thomas Thomas School
Geary Community Hall

April 3, 2012
Kingfisher Snider's
Concho Community Hall

April 5, 2012
OKC Penn Ave. Church of the Nazarene
(1121 N. Penn, [NW 10th & Penn Ave Intersection])

Other Programs invited to present include, but not limited to:
Substance Abuse Program, Methamphetamine and Suicide Prevention Initiative, Diabetes Wellness, Health Education, CHR, Indian Alcohol & Substance Abuse Project, Dept. of Education, RESpECT, Indian Health Service - Clinton Service Unit Behavioral Health

Indian clinic

continued from page 1

er room with higher ceilings, that would make the patients feel comfortable as they walked in the door. Also when a patient walks in there is ample seating, there are also larger hallways and the window for patients to speak with the receptions we feel that this is much more welcoming for our patients as well."

The expansion of the facility made way for the clinic to have more rooms for patient care, hire more physicians and medical professionals so that the clinic will be able to provide individualized care based on patients goals, health, and medical history.

"This new change is wonderful, compared to the old area. I was born in Concho in an old wooden small building in 1932, I have seen a lot of things that have changed over the years. The only health service we had growing up was in Clinton. We the Indian people are grateful for the health services you give to us and this new area is will make a lot of us that live in this community very happy" Moses Starr, HIS, tribal health board member said. "I just want to say thank you and I appreciate each and every one of you, if it was not for IHS I would not have had the medical care that I have needed over the years."

Dr. Dolly Garcia, El Reno HIS family practice said the clinic specializes in family practice, optometry, podiatry, public health dentistry," however the clinic does not offer surgery or minor emergency care. The El Reno IHS offers a variety of public health services to protect and promote health for our patients, for example the pharmacy fills over 500 prescriptions a day, the clinic has an average of 40 patients that visit the clinic daily, the dental office has an average of 15 patients a day. So this expansion was greatly needed for our patients."

After closing remarks those who attended the grand opening was able to walk the large hallways, while having a healthy snack and drink, visit with the staff, take a tour and view the extended pharmacy, newly renovated dental office, patient rooms and laboratory.

For more information about the El Reno Health Center call (405) 262-7631 or visit the location at 1631 E. Highway 66 EL Reno, Okla. 73036. Hours of operation are Mon., Tues., Fri., 8 a.m. to 5 p.m. and Wed. 8 a.m. to 12 p.m.

Guests touring the newly renovated addition of the El Reno Indian Health Service Center

EATING well for DIABETES

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

20 Ways to Enjoy More Fruits and Vegetables

Building a healthy plate is easy when you make half your plate fruits and vegetables. It adds color, texture and vitamins, minerals and fiber. Recommended amount is 2 1/2 cups of vegetables and 2 cups of fruit a day. Fruits and vegetables are low in fat and calories.

Try broccoli, spinach, green peppers, mushrooms and zucchini on pizzas. Canadian bacon and pineapple is also a good combination.

Make smoothies using strawberries, milk and bananas.

Wrap roasted vegetables and low-fat cheese in a whole wheat tortilla.

Instead of chips, eat crunchy vegetable and dip into a low-fat dressing with your sandwich.

Make vegetable kabobs. To grill use colorful vegetables such as tomatoes, green and red peppers, mushrooms and onions.

Use baby carrots, grape tomatoes, spinach leaves or mandarin oranges to add color to your salad.

Snack on vegetables in the afternoon, instead of candy. One serving of vegetables has 60 calories compared to 240 and more for candy bars.

Keep fruit around where it can be easily grabbed.

Be creative and use fresh fruit to make sauces in blender to use for grilling or on top of pancakes and waffles.

Stuff omelets with vegetables and use low-fat cheddar cheese.

Add lettuce, tomato, peppers, cucumbers, onions for pizzaz in sandwiches.

Make it a habit to add fruit to your meal, such as adding it to oatmeal or cold cereal.

Instead of sour cream and cheese, top a bake potato with beans and salsa or broccoli and low-fat cheese.

Low sodium vegetable soup is good for snack or with a sandwich at lunch time.

Make fruit your dessert. Use banana and top with low-fat yogurt and sprinkle nuts on top.

Instead of canned vegetables, stock your freezer with frozen vegetables to use for stir-fry and for a quick side dish.

Add chickpeas to your salad and make your main dish using dark green leafy vegetables. Top with low-fat dressing. Dip a corner of each bite to save even more on calories from dressings.

Fruit on the grill. Make kabobs using fruit and grill on low heat until fruit is hot and slightly golden.

Use low fat yogurt to make sauces to use for dipping apples, strawberries, bananas and grapes.

Make a banana split breakfast using cottage cheese, bananas, oranges and raspberries.

Contact the Diabetes and Wellness program for more healthy eating tips at (405) 422-7685.

Source: Academy of Nutrition and Dietetics

Cancer update

By Margie Deer, Health Education

Margie Deer reports that she is still around and has returned to her position as the Cheyenne and Arapaho tribes' Health Educucation Director.

It has been one year ago that I found out that I had pancreatic cancer. The oncologist gave me seven months to live. Since then, I have been on a chemotherapy drug, Gemsidabine for about six weeks and on radiation therapy for about three weeks. The radiation wasn't bad, but the chemo caused me to have nerve damage in my legs. My right leg is very weak and will give way and cause me to fall. I am no longer able to dance or bowl. Many of you may remember me from teaching line dance classes ortai chi, or bowling in the R.E.Sp.E.C.T. league. I now rely on a cane or walker to get around.

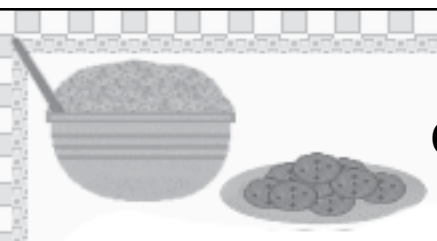
About six weeks ago, I went to a neurologist who tested the nerves and muscles in my legs by using electrical shocks, pin sticks, and long needles. That was a painful experience. I have had chronic pain since these tests were administered especially up and down my spine.

Recently, I have experienced anxiety and depression. I have lost both of my beloved parents Randlett and Geneva Edmonds within a short period of time, but thankful that they lived to celebrate 74 years of marriage. I have always tried to be positive even when I found out about the cancer.

I am writing this article with hopes that someone may take this to heart. Cancer is preventable, although it is not easy.Males have a 50 percent of getting cancer, and women have about a 40 percent chance of getting cancer. If you smoke, your chances for getting cancer go up. If your parents smoked in the home your chance of getting cancer is increased. If you have had family who had cancer your chances increase again.

What can you do to prevent cancer? Don't put yourself in greater risk than you already are. Remember if you are a male, there is a 50 percent chance that you will get cancer without doing anything. Eat healthy foods to keep your immune system in good working order. Limit your sugar intake. Cancer loves sugar. The Pet Scan test uses sugar to point out where the cancer is, as it will go directly to the cancer.

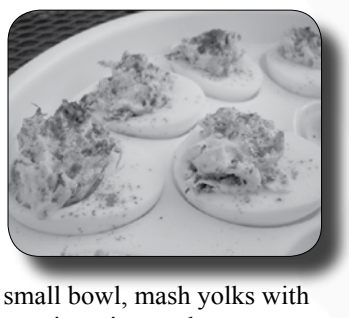
A short reminder, the 7th Generation Tobacco Conference is April 17-19, 2012 at the Reed Center in Midwest City. This conference is free. For more information call the Health Education department at (405) 422-7674.



Spinach Deviled Eggs

Cooking with USDA Foods

Recipes furnished by the
Cheyenne & Arapaho Food Distribution Program



Here's a snack idea for your left-over Easter Eggs!

12 hard cooked eggs
¼ cup mayonnaise
2 Tbsp vinegar
2 Tbsp butter or margarine, softened
1 Tbsp sugar
½ tsp pepper
¼ tsp salt
½ cup chopped spinach, well drained
4 bacon strips, cooked and crumbled

Directions:
Slice eggs in half lengthwise; remove yolks and set white aside. In a small bowl, mash yolks with fork. Stir in the mayonnaise, vinegar, butter, sugar, pepper and salt. Add spinach and mix well. Stir in the bacon; spoon into egg whites. Serve immediately or chill until ready to serve.

BRIEFS

Advanced Grant Writing for Tribal Organizations

April 5-6, 2012 at the Konocti Vista Casino and Resort in Lakeport, Calif. For more information or to register visit www.falmouthinstitute.com.

The 2012 National Forum on Dropout Prevention for Native and Tribal Communities

April 15-18, 2012 at the Sheraton Crescent Hotel in Phoenix, Ariz. For more information or to register visit www.dropoutprevention.org.

The third annual Native American Health Care Conference

April 16-17, 2012 at the Cosmopolitan in Las Vegas, Nev. For more information or to register visit www.nativenationevents.org.

The 33rd annual National Indian and Native American Employment and Training Conference

April 22-27, 2012 at the Paragon Casino Resort in Marsville, LA. For more information or to register visit www. ninaetc.net.

The Essentials of Indian Law-Everything You Need to Know to Work in Indian Country

April 23-24, 2012 in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

The ninth annual Construction in Indian Country

April 24-25, 2012 at the New Wild Horse Pass Hotel and Casino in Chandler, Ariz. For more information or to register visit www.ciic.construction.asu.edu.

The 13th annual Native Secretaries and Administrative Assistants Conference

April 24-26, 2012 at the Sandia Casino and Resort in Albuquerque, N.M. For more information or to register visit www.dciamerica.com.

Amending Tribal Constitutions

April 26-27, 2012 in Phoenix, Ariz. For more information or to register visit www.dciamerica.com.

The 30th annual Native American Fish and Wildlife Society Conference

May 1-3, 2012 at the Harrah's Cherokee Resort in Cherokee, N.C. For more information or to register call (303) 422-1725 ext. 105 or visit www. nafws.org.

Oklahoma Native American Construction Conference for Economic Development and Infrastructure

May 7-8, 2012 at the Skirvin Hilton Hotel in Oklahoma City. For more information or to register visit www.nativenationevents.org.

The annual mid-year Tribal Enrollment Conference

May 22-24, 2012 at the Marriott Hotel in Brooklyn, N.Y. For more information or to register visit www.dciamerica.com.

Happy Birthday

Happy Birthday
Braxton Akins
April 22
From all your friends
and teachers at
Concho Headstart

Happy Birthday
Vincente Baxcajay
April 1
From all your friends
and teachers at
Concho Headstart

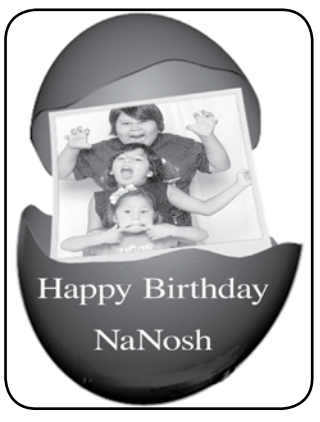
Happy 6th Birthday
Hunter Navanick
We are truly blessed to have you in our lives. We are very proud of you…love you always mom and dad

On April 6, 2007 God blessed me with my third grandbaby … a little girl was born and her name is NaNosha Deer.
Happy 5th Birthday NaNosha
Love Na'Wah!

Happy 2nd Birthday
Luca David Gaines!
March 24
Enjoy your Birthday little man! We love and miss you!
From grandma and grandpa Gaines, and the rest of your Oklahoma Family

Happy 7th Birthday
Michael Haag, my little man is growing up. We hope you have a magical day. Love mom, dad, Nikota and Breanna.

Happy Belated Birthday
Molly Isabella
March 22
Love your auntie Melissa



Lil Good Warrior and Grant Deer would like to wish their little sister NaNosh Deer a Happy Birthday!!!!
Love your brothers

Happy 11th Birthday to you Ms. Lauren
Taylor Hamilton!
You're a very beautiful and smart young lady! Keep making us proud!
Love – dad, Steph, "the boys', Rylee, and Kynadee Sue (Your #1 fan!)

Happy 4th Birthday
Hazel Ruby Gaines!
March 17
Have a great birthday princess, we love you lots!!
Love grandma and grandpa Gaines, your aunts and uncles, and cousins

Happy Belated Birthday
Olivia
March 16
Love your sister Melissa

Happy Birthday
Trestan Sutton
April 9
From all your friends
and teachers at
Concho Headstart

Happy Belated Birthday
Uncle Bill
Jr.
March 16
Love your
niece
Melissa

Happy Belated
Birthday
Erica Sue
March 17
Love Melissa

Springtime

It's springtime and the legends are back…

I am thankful for having survived another winter…

I am thankful for those who have also made it through without losing the life the creator has given.

I am thankful for the people that are willing to talk about not making it all the way through the winter without thoughts of or finally attempting suicide…

I am thankful for you all that help one another to reach this beautiful springtime and remember those who have not.

I am thankful to see the buffalo grazing on mother's fresh, green grass and drinking her cold, clear water…

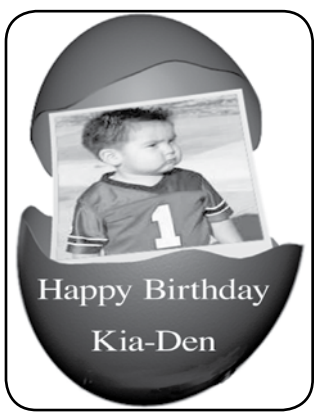
We should all be thankful we made it through the long, hard winter…

Ah-ho, Clifford
Stone Jr.

Announcing the birth of Andrealina Alyson Lynne Nimsey Daughter of Felicia Meat born July 3, 2011 granddaughter of James Medicine Elk and Carroll Hagedorn.

Happy Birthday!
Shonae Whiteman
Andrea Limpy
Janae Limpy
Showers of blessings to you all!!
We love you and may the Lord bless each of you on your special days!
Your families, Limpy, Whiteshield and Tiger

Happy Birthday
Rachelle Birdshead
April 02
From all your friends
and teachers at Concho
Headstart



Happy 2nd Birthday
Kia-Den John
Goodbear-Fields
April 9 Love momma, poppa Sonny, Goodbear family, your meemah Teresa Taylor and family

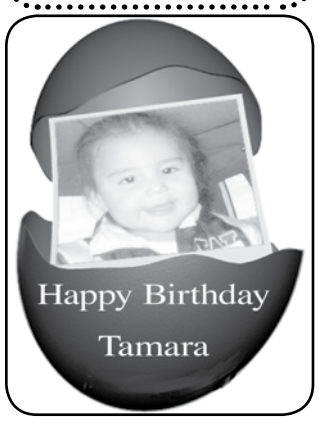
Happy 8th Birthday
Isaiah
March 10
Love mom, dad, Miklyn and Aden.

Thank You

Thank you to the Cheyenne and Arapaho tribal members that handled and helped with my mother Gladys Whitlow's burial. I cannot express my appreciation enough for all your help and support.
My prayers are with all that work and labor steadfast for our tribes.
Again thanks, Erma White Eagle

Happy Belated Birthday
Horace Joe
March 19
Love your sister
Melissa

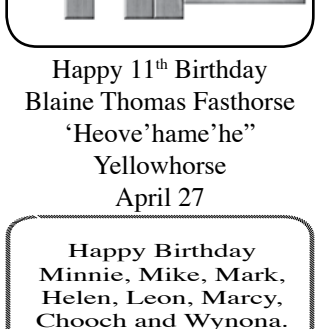
Happy Birthday to my brother, Charles Howlingwater, April 6
Love your sister,



Happy Belated Birthday
Tamara
March 30
Love your auntie Melissa

Happy 11th Birthday
Blaine Thomas Fasthorse
'Heove'hame'he"
Yellowhorse
April 27

Happy Birthday
Minnie, Mike, Mark, Helen, Leon, Marcy, Chooch and Wynona.
From your family, Love you.



Welcome to the World

Amarah Sage Beaver was born March 14, 2012 at 3:44 p.m.
She weighed 8 lbs. 8 ozs.
Amarah is the daughter of Kimberly Beavers.
The granddaughter of Ida Hoffman and Amos Beaver and the great granddaughter of Kathryn and Fred Hoffman.
Her name Amarah means "Gift from God" and her middle name Sage is her great-grandmother's Indian name. She also has three brothers, Joshua Aaron, Elijah Judge and Michael Charles.

Micki and Maelee

On April 9th our grandmother Joann was blessed with the most wonderful caring crazy daughter Micki Black
On April 9th some odd years later; Micki was blessed with the most wonderful crazy smart granddaughter Maelee Morton
So we celebrate and thank God that we are blessed to have each and every day with you crazy wonderful caring smart mother and daughter/niece.
You are both such a blessing in our lives, we love you very much muah!!
We love u momma your daughters, son n laws and all your grandkids.
We love u too Maelee your momma, daddy, aunties, uncles, bubba, brother, cousins, gramma, papas, auntie, gramma, and too many more to name.
Have a blessed day week month and year!!

The families of Johnny Harvie would like to say Thank You for all the help to the people that took part in his benefit dance held on March 10, 2012.
The people who brought food, door prizes, raffles, cakes, etc. Thank you to all the head staff for accepting to be a part of the dance.
Many thanks and God bless each of you.
Johnny Harvie family.

Happy Birthday
uncle/grandpa
Charlie
Love your nieces
Big Ball, Lil Big Ball, and Mollie
your grandkids
LaReina, Cubby, and Kenny

Happy Birthday
March 30
Tamara Big Medicine!
Love, grandma Eva and grandpa Joe

Happy Easter 2012!
God has blessed me with grand babies. He wants you all to know He loves you and I do too!!! Sonia, Tristen, Christian, Sami, Seth, Shevella, Shonae, baby Janae, Christa, Blusky, Beth, Sancha.
My new great grand baby Sade Alexis,
Thank you Jesus,
I am truly blessed and highly favored!!

In Loving Memory and Happy 25th Birthday
Cheyenne
Chanel Cross
We Love and miss you!
Love, mom, Kashawn, Tony, and Rusty.

Thank You!

The family of Fred Whitetail would like to thank everyone who helped us through our bereavement.
With our love form the Whitetail family.

Mother . . .

Mom, it has been almost a year since you've been gone and I know without a doubt that you are with Jesus. A few days before you left you told me that you wanted to see Him-Jesus. I had to write this letter letting you know how terribly you are missed. SO many reminders of you: I lay in bed at nights very lonely for you and when I cry I feel another presence come in and comfort is here and the Spirit of God soothes my longing for you precious mom. I'm not the only one that cries for you, but your beloved La'Ocea, Arianna, Neilyana and Gracie, you have other grand children, but these you've left a great memory of love within their hearts. Just the other day Arianna came to me and said "I prayed Jesus for G.G. to come back," but your Ocea told her "G.G. can't come back, but we can go be with her," even though she was hurting herself to see you again. I told Yana and Ocea while we were praying the reason we're feeling G.G. is she probably came by with the cloud of witnesses and she's happy you're both in prayer. We will soon see you- we love you. I can't help the way I miss you, you're my mother, friend and help. I shall always remember the encouragement and good dreams you had about us. I'm glad for this that you are with our precious Savior Lord Jesus Christ and you are resting.

Much love
Your daughter-Erma

JOBS find your Career

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag @c-a-tribes.org.

Server Engineer/Systems Support
Communications/IT
Until Filled
QUALIFICATIONS:

Bachelor of Science in Technology or a related field or any equivalent combination of experience, education and training which provides the desired knowledge, skills, and abilities preferred. Three to five years experience as a solid server systems technician or related field with a specialty in Microsoft Windows Server 2003 and 2008 R2, 2008 R2 Core, and Linux. Prefer certifications MCSE or MCITP A+ and Net+.

SALARY: Negotiable

Counselor
Vocational Rehabilitation Program, Watonga, OK
Closing Date: Until filled
QUALIFICATIONS:

Bachelor's degree in a social science field preferred. Two years experience in the delivery of social services and/or community based networking and referral services. One year experience preferred in community-based networking and referral services. Two years counseling experience with case management and/or vocational interest assessment experience preferred. Must possess valid Oklahoma driver's license and have reliable transportation. Cheyenne and Arapaho preference. Must pass pre-hire background investigation.

SALARY: Negotiable

Community Health Representative, CHR Program
Kingfisher, OK
Closing Date: Until Filled
QUALIFICATIONS:

Must have EMT, Medical Assistant, CMA, or CNA experience. Have Current CPR Certification. Valid Okla. drivers license and able to be insurable under tribes insurance. Must reside in service area. Must pass a physical and be in good physical condition. Must pass Basic CHR training and First Responder training within one (1) year. Travel required in duties. Must have minimum of High School diploma or G.E.D. Must have own reliable vehicle and residential telephone. Must be able to work outside the hours of 8 a.m.-5 p.m. Cheyenne and Arapaho preference.

SALARY: Negotiable

Counselor Vocational Rehab Prog.-Watonga
Closing Date: Until Filled
QUALIFICATIONS:

Bachelor's degree in social science field preferred. Two years experience in the delivery of social services and/or community based networking and referral services and one-year experience in community-based networking and referral services. Two years counseling experience with case management and/or vocational interest assessment experience preferred. Must possess valid Oklahoma driver's license and have reliable transportation. Cheyenne and Arapaho preference. Must pass pre-hire background investigation.

SALARY: Negotiable

Site Manager
R.E.Sp.E.C.T. Program, Clinton, OK
Until Filled
QUALIFICATIONS:

Must possess a high school diploma or G.E.D. certification. Associates degree preferred or two years of work experience in related field or its equivalent. Must be willing to further education. Must receive and maintain CPR/First Aid Certifications and be knowledgeable about the Cheyenne and Arapaho people, communities, traditions, culture and customs. Possess a valid Oklahoma driver's license. TERO applies (Cheyenne and Arapaho Tribal preference) and must pass a background check.

SALARY: Negotiable

Directors (2)
Culture & Heritage Program
Closing Date: April 10
QUALIFICATIONS:

Bachelor's degree in business or Native American Studies preferred or associate's degree with at least five years experience in Cheyenne and Arapaho traditional activities. Minimum three years supervisory experience. Must be familiar with the culture, history and traditions of the Cheyenne and Arapaho tribes. Must be able to meet with tribal members on an individual and group basis. Must be able to demonstrate professional conduct. Must be able to work a flexible schedule. Valid Oklahoma driver's license. Cheyenne and Arapaho preference.

SALARY: Negotiable

Cheyenne and Arapaho tribes

P.O.Box 38
Concho, OK
73022

(405) 262-0345 / (800) 247-4612

NOTE: The Cheyenne and Arapaho Tribal offices will be closed on Monday, April 9, 2012 in observance of Easter.

www.c-a-tribes.org

CHEYENNE & ARAPAHO TRIBES

April 2012

CHEYENNE & ARAPAHO TRIBES

Director: Troy Littleraven

Office Hours: M-F 8-5
Issuance Hours: 9am-3:30pm

C-A Food Distribution Program

Toll Free: 1-888-747-9520
FAX: (405) 422-8261

OPEN DURING LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 CLOSED	10 CLINTON TG	11 SEILING TG	12 HAMMON NUTRITION ED DEMO	13	14
15	16	17 CLINTON TG	18 NUTRITION ED DEMO	19 ELK CITY TG	20	21
22	23	24	25 NUTRITION ED DEMO	26	27 CLOSED FOR INVENTORY	28
29	30 CLOSED FOR INVENTORY					

NON-DISCRIMINATION POLICY:
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STATE HANDGAME TOURNAMENT

May 19, 2012-Noon Meal Provided
Geary Community Hall-Geary, Okla.
12:30-1:15 p.m. Registration
1:30 SHARP - TOURNAMENT BEGINS

No Late Entries, No Add On to Rosters

1st Place $ 2,000
2nd Place $ 1,000
3rd Place $ 500
Awards include:
Best Guesser
Best Hider
Best Banner
King & Queen
Best Dressed Team

Team members— 3 minimum
Age limit—16 years & older, must have ID
Sponsored by:
Arapaho Nation Handgame Team
For more information call: 580-886-2824

In Memoriam

Martha "Pee Wee" Red Nose
Nov. 19, 1959
March 15, 2012

An all night Wake Service was held for Martha "Pee Wee" Red nose on Monday, March 19, 2012.

Funeral services were held March 20, 2012 at the First United Methodist Church in Kingfisher, Okla., followed by an Interment at the Kingfisher Cemetery.

Funeral arrangements were made by Sanders Funeral Home in Kingfisher, Okla.

Vocational Rehabilitation and Workforce Investment Act

Will be hosting a community "Career Fair"

Date: April 18, 2012
Time: 10 a.m. – 3 p.m.
Where: Western Technology Center
2605 E. Main Weatherford, Okla.
(580)-774-0224 Ext.224

Invitations will include many Tribal programs, Tribal Enterprises, and Local Employers.
Hope to see you there!!

"Promoting employment and training services to the western communities"

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA FILED MAR 19 2012 IN THE TRIAL COURT
DOCKET_____ PAGE_____
FILM_____ IMAGE_____
COURT CLERK
DEPUTY

CORNELIUS GENE CEDARTREE, Petitioner
vs.
FRANCIS FLOYD, Defendant
Case No: JFD-2012-10

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: FRANCIS FLOYD

You are hereby notified that Cornelius Gene Cedartree has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 25th day of APRIL, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 19th day of March, 2012.

Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

SYLVIA VAN ARSDALE, Plaintiff
vs.
JASON BRIAN VAN ARSDALE, Defendant
Case No: JFD-2012-12

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA FILED MAR 22 2012 IN THE TRIAL COURT
DOCKET_____ PAGE_____
FILM_____ IMAGE_____
COURT CLERK
DEPUTY

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: JASON BRIAN VAN ARSDALE

You are hereby notified that Sylvia Van Arsdale has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 9th day of MAY, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 22nd day of March, 2012.

Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

SPORTS SPOTLIGHT

Photos and Interview by Rebecka Lyman

Charles Sleeper Jr.
Calumet High School
9th grade

Sport: Baseball

Position: Outfielder

How many years have you been playing baseball?

This is my first year to play baseball. Coach Gregg wanted players for the team; I did not have anything to do so I just signed up.

What is your biggest challenge and how do you manage the challenge?

Running, pitching and hitting the ball. I focus and concentrate on the ball when it is coming at me; I pretend it is moving slower than it really is.

What is one of your biggest accomplishments?

Maintaining and keeping my grades up, I have a 3.1 grade point average right now.

What are some of your goals?

After high school I will go to college so that I can be a Physics professor.

What is your favorite part of baseball?

How complicated it is, all the different hand signals that are used. Since this is my first year to play baseball it is a bit of a challenge to learn them.

Do you have any hobbies?

I enjoy taking care of my fresh water aquarium, working on computers and looking at the stars and constellations.

Who would you say your role model is?

Steven Hawkins, cause he is one of the smartest men in the world; he overcame his challenges of not being able to speak or move his body. He is a well-known physicist and cosmologist.

What is one thing someone may not know about you?

My friends don't know that I enjoy drawing and painting sunsets and that I use to play the piano.

What are your plans after High school?

I will join the Navy so that I can have a way to pay for my college. I really want to go to Oklahoma University (OU) and study to become a physics teacher.

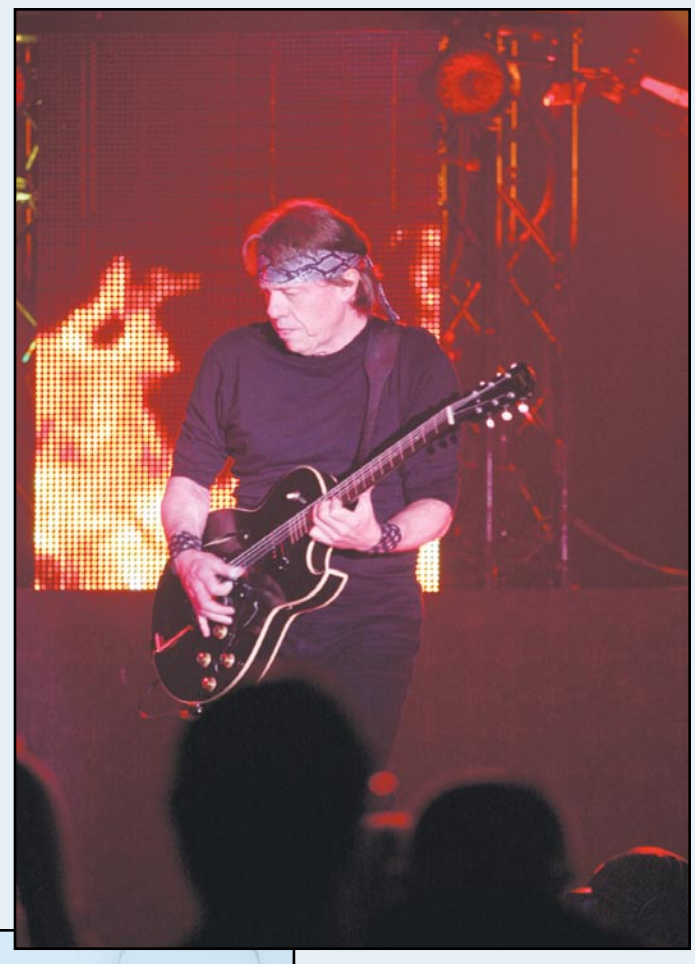
Where do you see yourself in ten years?

In the middle of the ocean on a Naval ship.

Thorogood and the Destroyers rock Concho, Okla.

Story and photos by Rebecka Lyman

On March 15, 2012 at the Lucky Start Casino event center in Concho, Okla. the *Bad to the Bone* singer-guitarist George Thorogood and the Destroyers performed.

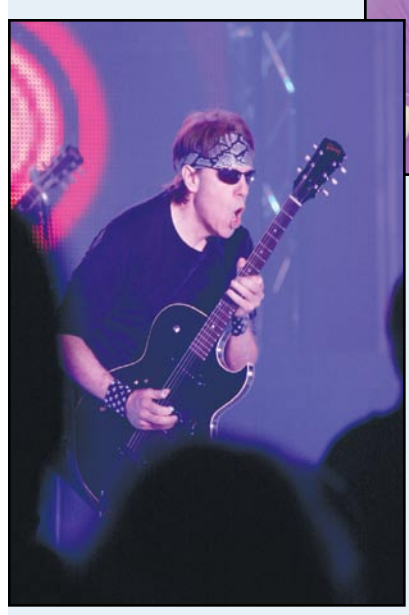


The audience was wildly enthusiastic as Thorogood took to the stage and barreled out his hit songs *One Bourbon, One Scotch, One Beer, Bad to the Bone* and *Who Do You Love*.

Throughout the blues-rock artist career, Thorogood has shared the stage with the likes of the J. Geils Band, ZZ Top and Steve Miller.

In 1979 Thorogood released his first demo, *Better Than the Rest*. In 1976 he recorded his debut album *George Thorogood and the Destroyers*, with his band and released the album in 1977. Thorogood released his next album titled *Move It On Over* in 1978 with the Destroyers, which included the Hank Williams remake *Move it on Over* and their remake of Bo Diddley song *Who Do You Love*. During the time of his debut album being released Thorogood was also playing on a baseball team in Delaware for the Roberto Clemente League as second baseman and was chosen Rookie of the Year in the league.

Thorogood quit baseball, due to his rigorous schedule that he and the Destroyers became known for, included the 50/50 tour of 1980, which the band toured 50 US states in the span of 50 days. The blues-rock musician gained his first mainstream exposure as a supporting act for the Rolling Stones during their 1981 U.S. tour.

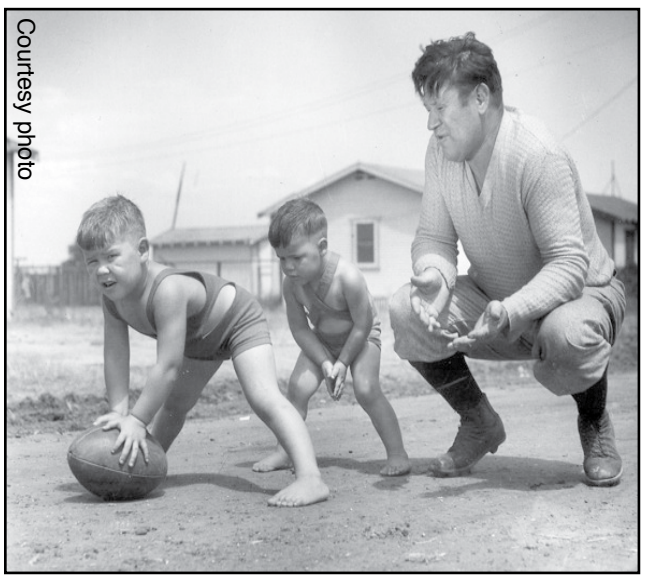


Thorogood and the Destroyers have released sixteen studio albums over the course of their career, including two that were certified Platinum and six that have been certified Gold. The band has sold fifteen million albums worldwide.

Lucky Star Casino event center in Concho, Okla. is scheduled to have Willie Nelson and Family April 6, Larry Hernandez, April 21, Buckcherry with James Durbin and Redlight King on April 28, and comedian Ron White will have two shows 8 p.m. and 10 p.m. on June 30. For more information visit Lucky Start Casino Website www.luckystarcasino.org.

Battle over athlete Jim Thorpe's burial site continues

By Neely Tucker



Thorpe playing football with his two sons.

PRAGUE, Okla. Funerals, like weddings, can be messy family affairs. Not everything goes according to plan. Emotions run high. Even pleasant people can be tense.

Few people who met Patsy Thorpe, third and most difficult spouse of Jim Thorpe, that primordial American athlete accused her of being pleasant, in particular Thorpe's children from previous marriages.

So when she pulled up to her husband's in-progress Native American funeral service at a farm near here on the night of April 12, 1953, with a hearse and a highway patrolman in tow, everybody knew something bad was about to happen.

What transpired, however, is perhaps unmatched in the history of American funeral proceedings.

She barged into the service and announced that her dead husband was "too cold."

She ordered the coffin loaded into the hearse, then drove away, taillights disappearing into the darkness.

Over the next several months, she shopped the body around, looking for a memorial for him and cash for her. After alienating almost everyone, she wound up 1,340 miles away in the Poconos of Pennsylvania, asking two tiny boroughs straddling a bend in the Lehigh River,Mauch Chunk and East Mauch Chunk to unite under the name "Jim Thorpe" in exchange for his corpse.

It was macabre, it was bizarre, but the Chunks, once vacation getaways for U.S. presidents and the East Coast smart set, were desperate. Their coal-based fortunes had devolved into mid-century squalor. Civic leaders hoped the name change and a memorial might be their ticket back to prosperity.

With a parade, tooting horns and a marching band, they signed the deal, and today Jim Thorpe lies in a red marble mausoleum in Jim Thorpe, Pa.

This might be the end of the story, except for the fact that the four sons of Jim Thorpe never forgave and they never forgot.

They have asked, pleaded and two years ago sued in federal court to force the borough to right their stepmother's wrong. They want to bury their father where he wanted: in or near the Thorpe family plot on the Great Plains of rural Oklahoma, about a mile from where he was born.

It is, to them and the Sac and Fox Nation, a fundamental human right for Native Americans to bury their people where they wish them to be buried.

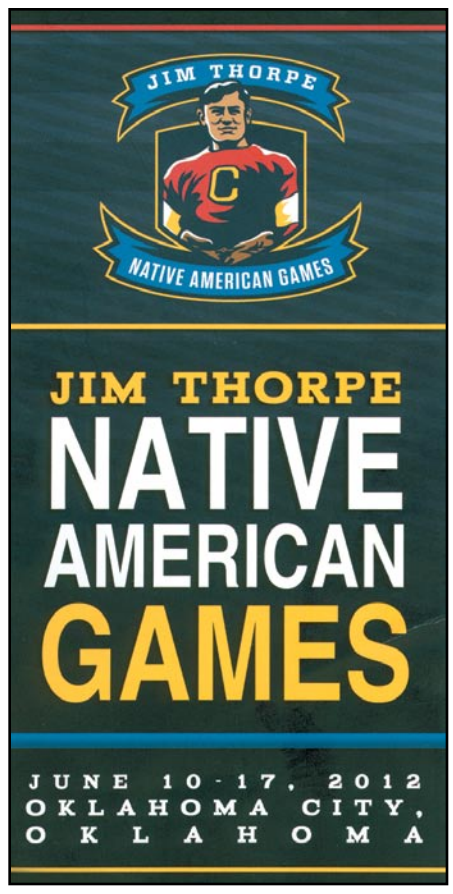
The town of Jim Thorpe, Pa., has politely but steadfastly refused to return the body.

"We lived up to our end of the bargain," says Michael Sofranko, the mayor. "That's about as American as you can get."

As the years have passed and the shadows have lengthened, the sons' quest has taken on a Homeric aura, as if lifted from the pages of "The Odyssey." It has lasted 59 years, through 11 presidential administrations, Vietnam, Watergate, the civil rights movement, Reaganism, the collapse of the Soviet empire, Nelson Mandela and the end of apartheid, the birth of the Internet and the entire life span of Barack Obama.

Their lawsuit may have, at last, brought them to the brink of victory.

"I've got nothing against the town," said Richard Thorpe, one of two surviving Thorpe children. He is sitting in a truck stop diner in Waurika, Okla., on a recent Sunday afternoon. He's a thin, wiry man, sporting a Chevy gimme cap, an NFL Hall of Fame jacket and a countenance that shows all of his 79 years.



The Future is Yours to Make

Enroll Now . . . .

Fall 2012

Course Schedule

Cheyenne Language I	MW	5:15—6:55 pm
Arapaho Language I	MW	5:15—6:55 pm
Intro to American Indian Studies	M	5:15—6:05 pm
C&A Constitution	F	3:30—4:15 pm
College Success	T	5:15—6:05 pm
Tribal Government I	R	5:15—7:45 pm
Self Determination Administration II	R	5:15—7:45 pm
Indian Issues	T	5:15—7:45 pm
C&A History	T	5:15—7:45 pm
Computers & Information Access	Online	Arranged

Contact Us: 580-774-3139

Visit Us: www.c-a-tribalcollege.org

Exceptional. . . Yesterday/Today/Tomorrow

H.O.P.E. Native American alumni powwow set for April

Submitted article

The Wellness Center, located directly east of the Southwestern Oklahoma State University (SWOSU) football field on the campus of SWOSU/Cheyenne and Arapaho Tribal College (CATC), will provide the setting for the 2012 H.O.P.E. student organization Native American alumni powwow scheduled April 14, 2012. This is an annual event celebrating education and Native American culture. The alumni powwow's mission is to bring people together to dance, sing, socialize and generally have a good time.

As the powwow continues to grow each year, the 2012 event is slated to honor alumni from CATC and SWOSU. Alumni from across the state will join the current student population to offer support and inspiration for future endeavors. Not only is the powwow a student celebration but a great history lesson for the community.

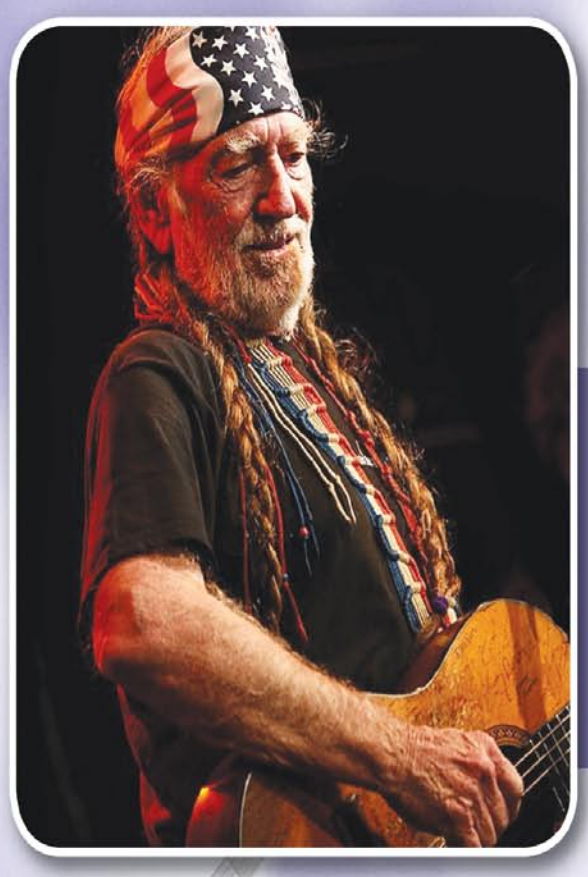
Community members are encouraged to experience the rich diversity of American Indian cuisine, music, culture and dance. The event begins at 1 p.m. with gourd dancing and specials followed with a supper break at 5:30 p.m. Matt and Edmond Hamilton will provide flute music and storytelling at 6:15 p.m. The main event begins at 7 p.m. with Grand Entry, during which all dancers' line up to enter the arena as a special song is sung by the head singer.

The honored head staff includes as Jim Anque (Kiowa), Kendall Kauley (Cheyenne), Leslie Panana (Cheyenne and Jemez Pueblo), Skyler Reyes (Cheyenne), Brittany Taylor (Cheyenne), Dr. Henrietta Mann (Cheyenne), Governor Janice Prairie Chief-Boss (Cheyenne), Oklahoma City VA Warriors Group Color Guard, and Carol Joyce Bull Coming (Cheyenne). Others will be announced at a later date. Teyonna Weasel Bear, H.O.P.E. Club Princess, extends a personal invitation to all royalty.

H.O.P.E. has designated several contests with first, second and third place awards during the evening. The men and junior boys' dance contest categories include Fancy Dance, Traditional Dance, Grass, Chicken Dance and Straight Dance. The women and junior girls' dance contest categories include Buckskin, Cloth, Jingle and Fancy Shawl. A tiny tots category is also slated for the evening highlighting children 0-5 years. A drum contest will climax the event. The evening will provide the perfect platform to emphasize education, culture, language and community for all attendees. The community is encouraged to attend.

For further information please contact Oveta Lira, H.O.P.E. Club President, at oveta.lira@yahoo.com or the CATC administrative offices at (580) 774-3742. Arts and craft vendors are welcome to attend subject to approval by H.O.P.E.

WE'VE GOT YOUR GAME!



Lucky Star entertainment

Willie Nelson & Family
April 6 CONCHO

Foreigner
April 13 Concho

Larry Hernandez
April 21 Concho

Buckcherry
April 28 Concho

Hinder May 17 Concho • LL Cool J June 23 Concho
Ron White June 30 Concho (2 Shows) • Boston July 14 Concho

Tickets available at **Lucky Star Casino Box Offices**, online at Ticketstorm.com or by phone at **866-966-1777**.

7777 North Hwy 81 • Concho, OK 73022 • 405-262-7612 | 101 N. Indian Hospital Rd. • Clinton, OK 73601 • 580-323-6599
301 NW. Lake Rd. • Canton, OK 73724 • 580-886-2490 | 1407 S. Clarence Nash • Watonga, OK 73772 • 580-623-7333

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Lucky Star CASINO
CONCHO • CLINTON • CANTON • WATONGA
An Enterprise of the Cheyenne and Arapaho Tribes